

Antelope Valley Desert Divers, Inc.



August 2009

General Meeting - Mon - August 10th

Scuba Jack on High Altitude Diving

Board Meeting - Tue - August 25th

Meeting at the Nipper's house

June Lake Cleanup - September 5-7th

High altitude diving & Lake cleanup



Some A.V. Desert Divers share a day of diving with Dale Scheckler of "California Diving News"

A.V. Desert Divers

P.O. Box 1178
Littlerock, Ca 93543



AVDD 2009 CALENDAR OF EVENTS

(These dates are tentative so check the Website)

9/4-7 June Lake Clean Up

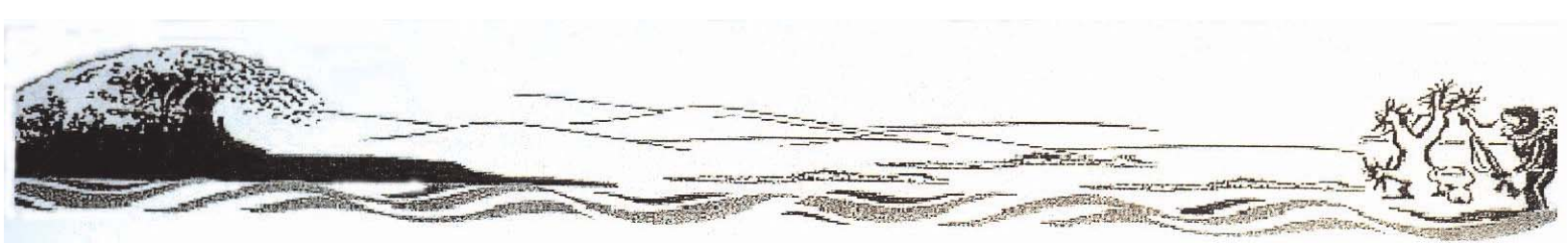
10/ Two Harbors Clean Up

10/24 Pumpkin Dive

See this Newsletter in

Blazing Color at:

www.avdesertdivers.org



From the President...

Well Happy Summer Fellow Divers, This summer is rapidly winding down. If you haven't had a chance to get wet yet, don't forget June Lake is just around the corner.

Make sure and make your reservations for Labor Day Weekend through Reserve America, Oh Ridge Campground. We are expecting another great turnout.

This next meeting should be very educational. Scuba Jack has agreed to provide a truly educational program. If you would like to add to your formal education, make sure and read the insert in this newsletter to get your high altitude certification. Alternatively, just come and learn about the differences between diving at sea level and in high altitudes. Remember, even a dive here in Palmdale, technically qualifies for a high altitude dive. Learn all about how altitude effects your system and the potential ramifications.

See you at the meeting on Monday,

Your Pres,

Linda

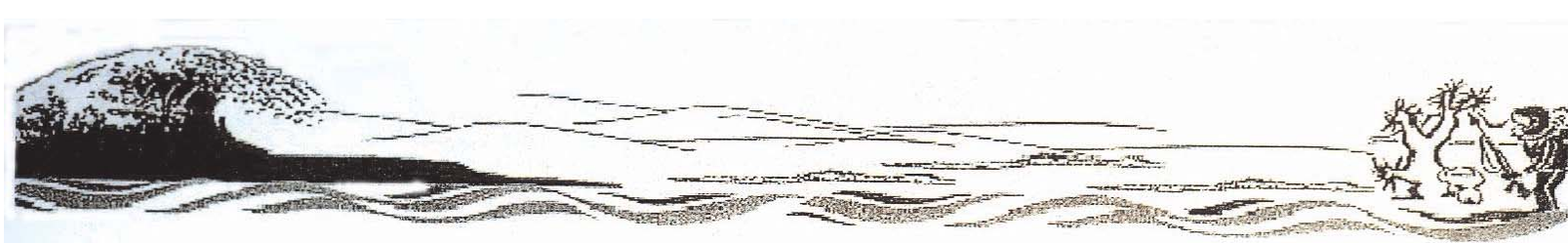


The June Lake T-shirts for 2009 are ready. Get yours at the meeting or at the Lake. Shirts are \$20 & hats are \$10. (There might be a special W/ shirt & hat for \$25)

2009 AVDD Board of Directors

Linda Sharp	President	285-2624	LSharp@KrollOntrack.com
Mike Orlando	Vice President	810-2723	mcorlando@yahoo.com
Colleen Hodgkins	Secretary	714-0424	cchodgkins@hotmail.com
Robert Wisdom	Treasurer	917-3694	res03lft@msn.com
Open (any takers)	Program dir		
Terry Hodgkins	Newsletter	942-1042	thodgkins@verizon.net
Donald Nipper	Conservation	285-2624	dnipper@water.ca.gov
John Bottka	Web Master	269-1507	jbottka@yahoo.com
Jack Cook	Dive Cord.	816-4146	ScubaDiverJackCook@adelphia.net

(All # are 661 area code)



PADI Altitude Diver Specialty Class.

Here is the plan for the PADI Altitude Diver Specialty Class. Because of my concern that divers have been making these dives for years without the benefit of advanced training in altitude diving, I am offering this class as a benefit to the club and in the interest of the safety of our members. The instruction is free. The students must pay for their study materials, their student folders, and their PADI PIC form. There is no dedicated workbook or manual for the PADI Altitude Diver Specialty. I will present the lesson plan from the PADI Instructor Guide in a slide show presentation at the next meeting. Even those who are not going to sign up for the Altitude Diver Specialty would do well to attend and pay attention, especially if they are planning on doing the cleanup dive at June Lake.



Per PADI Training division as of 07/29/09, the Knowledge Review for the Altitude Adventure Dive is required for certification. It would be convenient if the students studied the Adventures in Diving Manual section on Altitude Diving and complete the Knowledge Review for the Altitude Adventure Dive used for the PADI Advanced Open Water Class before the presentation. It would reduce the number of questions, I am sure.

Many may already have the manual from their Advanced Open Water Class. If they do not, they can purchase the manual from Sport Chalet, or anywhere else they choose. There are several different versions of the AOW study materials that can cost from about \$35.00 to \$80.00. Choose what you like. It is a good manual and contains a wealth of information about a wide variety of diving activities and can serve as a reference for your own enlightenment or for future dive training.

It is not absolutely necessary that the students complete the Knowledge Review for the meeting, but they must have it done and corrected with me before they make the first altitude dive of the course. PADI requires that each student have his or her own copy of the approved study materials. I cannot provide copies of the Knowledge Reviews because of copyright concerns. I am authorized to provide each student with copies of the altitude tables from the Instructor Guide. I will have those copies at the meeting.

I will bring student folders and the associated liability and medical forms with me to the meeting. All documentation must be complete before I can take anyone in the water. Anyone who answers yes to any of the questions on the Medical Statement in the folder and on the separate form will have to be cleared by a doctor before they can take the course. I will also take the certification photos for each of the students at the meeting. The student folder and its contents become my property and I must keep it on file for seven years. The Student Folder costs \$2.00 and the PIC form costs \$20.00, if you get them from me. You can get them elsewhere, if you can find a better deal. If you have already taken a class from me, you do not need a new student folder. If you have taken a class with me above the Open Water level within one year before the Altitude Diver dives, you do not need to complete new liability or medical forms.

At June Lake, each student must make two dives of at least 20 minutes to a depth of 15 feet or more. You will need two tanks, unless you are a real sea creature and can make two twenty minute dives on one tank and still have a reserve. I do not recommend it. I can take 8 students in the water maximum. If there are more than 8 students, I will have to make four dives. I cannot do more than 16 students. I would be pushing the limits of my endurance and the no decompression limits at that point. Once you have completed the two dives, I will provide you with a temporary certification card and then submit your PIC form to PADI for your permanent card. It takes about two to three weeks for your permanent card to be mailed to your residence.

I am looking forward to teaching the class and diving in the clear and cold waters of June Lake with all of you AV Desert Divers.

Jack

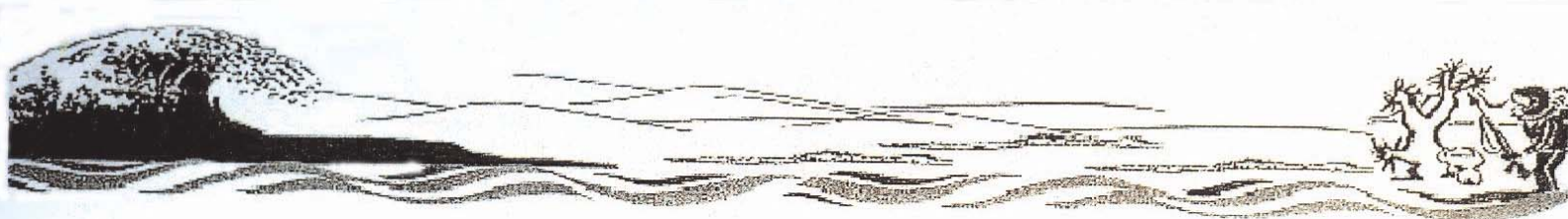
It's that time again...

June is the time to renew your membership. Please fill out the application on their website and issue your dues in the amount of \$25.00 for an individual and \$40.00 for a family and mail to:

Mike Orlando, 2130 Sweetbrier, Palmdale, CA 93550

*Thanks,
Mike Orlando*





Dive Report: Clam Chowder Dive

Gray sky's, blowing wind & sand, and even the drizzle could not keep the Desert Divers from enjoying the day. The Antelope Valley die hard group began arriving by 8 a.m. for the set up of the chowder station (a tradition since the club began some 39 years ago) and stake there claim in line for some of the best darn chowder to be served anywhere.

But first there was diving to be done. A hand full of divers began suiting up to make the early morning dive and by 9:00 most were in the water. Surf conditions were acceptable with a slight shore break that lulled out to make it an easy entry. The visibility improved as you reached the kelp bed with about 10 to 15 foot of Visibility. After 25 minuets of diving, my buddy John and I signaled an end to the dive and set course to return to shore. The exit technique was simple. Use to swell of the incoming waves to assist us back to the beach until we were shallow enough to walk out, something weÆve done dozens of times in our beach diving years. It wasnÆt until I stepped back into a shallow cut out and went down in the surf zone and began to flail that my pride was bruised. However after getting my fins off and my feet about me it was a really good dive. Often times one can be discouraged form beach conditions. But I have found that when water conditions are less than desirable it is a good opportunity to practice and trust your underwater navigation skills.

Now back to the Chowder Line. By noon time the club President (Linda Sharp), Conservation Office (Don Nipper), Treasurer (Robert Wisdom) were putting the finishing touches on some outstanding Clam Chowder and serving close to the 30 some divers and family members that came down for the day. I believe there were a few lifeguards that also had there bellies full. Also provided were fresh veggies & fruit along with Grilled Hamburgers, Hot Dogs, and Cookies. By 2:30 there was no trace that there was an event like this at Leo Carrillo State Beach. All of the EZ-Ups, stoves, pots and pans, were cleaned packed loaded up and heading north for the June Lake Dive that is coming up in September.

There is a lot of effort that goes into the planning and execution of chowder preparation, cooking and serving.

A BIG THANKS goes out to all that pulled this together for everyone to enjoy!

Also not to be forgotten in this effort also is the dive planner (Jack Cook) for watching over the divers as they enter and exit there Beach Dive plan.

